



Affix Patient Label

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

**Informed Consent:**

**Prostrate Brachytherapy**

This information is given to you so that you can make an informed decision about having **Prostate Brachytherapy**

**Reason and Purpose of the Procedure:**

Brachytherapy is a procedure where tiny radioactive particles the size of a grain of rice are implanted directly into the prostate. These particles are known as ‘seeds’. Because the seeds are inserted or implanted directly into, or very close to, the tumor, they deliver high doses of radiation to the tumor little exposure of radiation to the adjacent tissue. This means that the procedure is less damaging than conventional radiation therapy, where the radioactive beam is delivered from outside the body and must pass through other tissues before reaching the tumor.

**Benefits of this surgery:**

You might receive the following benefits. Your doctor cannot promise you will receive any of these benefits. Only you can decide if the benefits are worth the risk.

- Cancer cells will be destroyed

**Risks of Surgery:**

No procedure is completely risk free. Some risks are well known. There may be risks not included in the list that your doctor cannot expect.

**General risks of surgery:**

- Small areas of the lungs may collapse. This would increase the risk of infection. This may need antibiotics and breathing treatments.
- Clots may form in the legs, with pain and swelling. These are called DVTs or deep vein thrombosis. Rarely, part of the clot may break off and go to the lungs. This can be fatal.
- A strain on the heart or a stroke may occur.
- Bleeding may occur. If bleeding is excessive, you may need a transfusion.
- Reaction to the anesthetic may occur. The most common reactions are nausea and vomiting. In rare cases, death may occur. The anesthesiologist will discuss this with you.

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**Risks of this surgery:**

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- Urinary Tract infection or Urosepsis: You may need antibiotics.
- Urinary Incontinence: Although rare, you may be unable to hold urine. You may need a catheter.
- Erectile Dysfunction: Erectile dysfunction or impotence is a possible result of the procedures.
- Urethral Stricture/ Bladder Neck Contracture: A stricture is scar tissue that can form anywhere in the urethra. You may need further surgery to open the scar.
- Urinary retention: The prostate in males may become swollen due to the procedure. This may cause difficulty during urination.
- Fistula Formation: In rare cases abnormal communication between organs can occur. You may need further surgery.
- Hemorrhagic Cystitis: In rare cases clots can form, and can cause urinary retention. You may need a catheter placed to flush the clots.
- Chronic pain: As with all procedures it is possible to experience pain in the area of the procedure.
- Death: Death from this procedure occurs in less than 1% of all cases.

**Risks associated with smoking:**

Smoking is linked to an increased risk of infections. It can also lead to heart and lung complications and clot formation.

**Risks associated with obesity:**

Obesity is linked to an increased risk of infections. It can also lead to heart and lung complications and clot formation.

**Risks specific to you:**

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**Alternative Treatments:**

Other choices:

- Do nothing. You can decide not to have the procedure

**If you choose not to have this treatment:**

- Cancerous cells will continue to grow

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**General Information**

During this procedure, the doctor may need to perform more or different procedures than I agreed to.

During the procedure the doctor may need to do more tests or treatment.

Tissues or organs taken from the body may be tested. They may be kept for research or teaching. I agree the hospital may discard these in a proper way.

Students, technical sales people and other staff may be present during the procedure. My doctor will supervise them.

Pictures and videos may be done during the procedure. These may be added to my medical record. These may be published for teaching purposes. My identity will be protected.

